

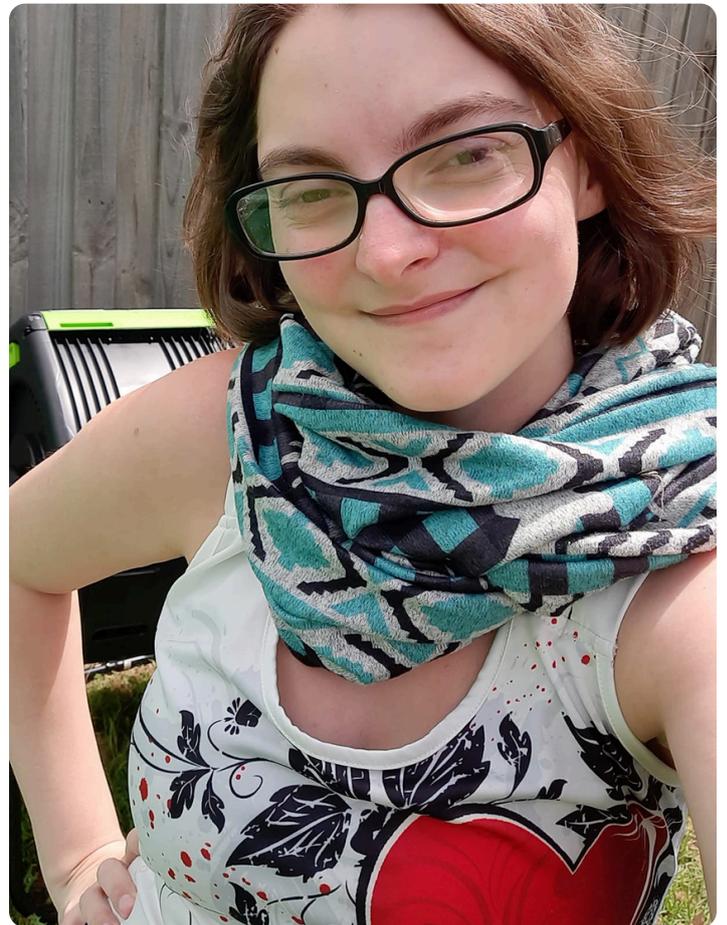
Savings Goal Planner

Your Savings Goal Planner Workbook!

HOW TO SET YOUR SAVINGS GOAL AND
ACTUALLY ACHIEVE IT

A simple, easy workbook to help you set your money savings goal, release money blocks and figure out how you will reach your savings goal

Finance Girl.



By Nicola Rattley.

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How To Set Your Money Goal

(Without Overthinking It)

Setting a money goal helps you focus your energy, make aligned choices and grow your savings in a way that feels achievable.

However, many people avoid ever making a savings goal plan because they are afraid of doing it “wrong”.

But here’s the truth, there is no perfect way to set a savings goal.

Your best way to do it is to be focused and committed far more than the exact number you choose.

This workbook will guide you through:

- Choosing an inspired amount.
- Set a timeline.
- Deal with your money blocks.
- Plan to earn the money.
- Plan to save the money.
- The best way to track your goal.
- And a free affirmation at the end to help inspire you.

Let this be a positive goal, no pressure, no perfection required.

Your savings goal can grow as you do.

Take a deep breath, take your time and let the process feel simple and flow for you.

Why Your Saving Goal Matters

Your saving goal gives you direction.

It shows you where you need to put your focus, time, energy and creativeness.

When you come up to making decisions, what things to sell, how much you need, how many clients to take on, your saving goal becomes a roadmap.

It helps you:

- Stay focused.
- Prioritize.
- Avoid distractions and procrastination.
- Save time, energy and money.
- Grow in yourself and your business.

More importantly, your saving goal doesn't have to be perfect, it just has to exist to help give you the roadmap you need.

“

“Financial abundance surrounds me everyday!”

– Finance Girl

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Set an Amount and Timeline

There isn't one "correct" way to set an amount for your savings goal. Pick whatever number feels best for you and your situation.

Don't worry about the amount being perfect, this is not a test, it's simply a direction.

Ways to choose your amount.

1. Set a percentage.

Figure out how much of a percentage you want to grow your savings by.

This could be 10%, 20% or 50% of your income.

2. Lifestyle Based.

What do you currently want in your life this year? How much will it cost you?

Work out the numbers and then that's your goal.

3. Just pick a number.

Sometimes you just need to pick a number, like \$5,000 or \$10,000.

Choose a Timeline.

After you have chosen your amount, you need to choose a timeline.

This consists of a start date and an end date.

You need a start date because it lets you see how far you have come and that can be really inspiring.

You especially need to pick an end date, to know your deadline.

Example: Start Date - 1/04/2026 End Date - 1/09/2026.

Deal With Money Blocks

At this point in the game money blocks have probably started to appear.

They could include:

- Fear of choosing the “wrong” amount
- Guilt about wanting more money
- Fear of being judged
- Confusion about what is realistic for you
- Fear of disappointment
- Not believing in yourself
- Thinking you’ll have to give up your life to work harder
- Thinking you will have to work harder

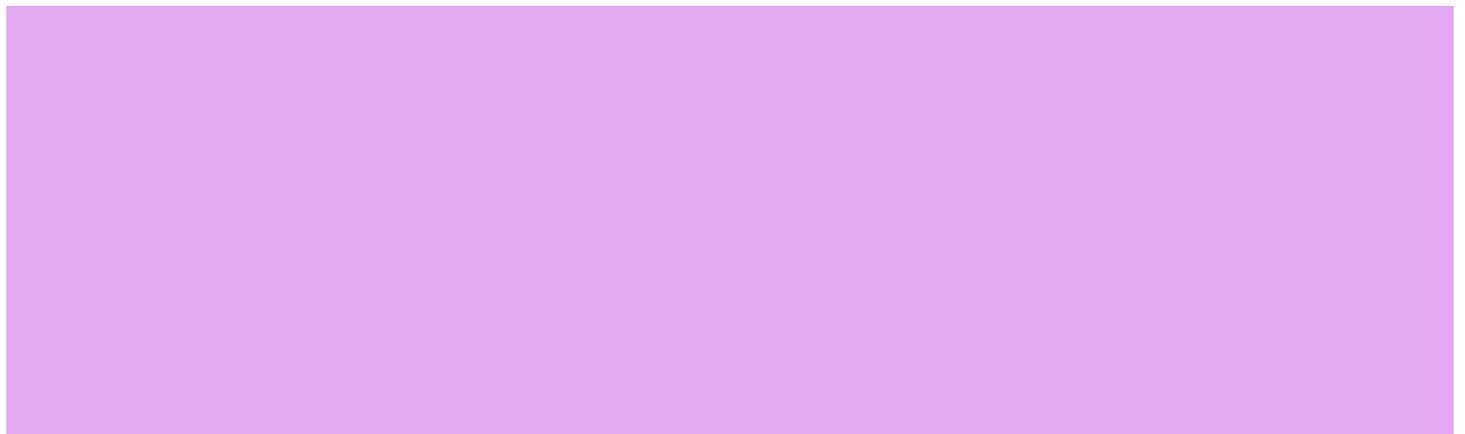
These are normal, money blocks exist for everyone, you are not alone.

However you do need to start working on clearing any money blocks that do pop up for you.

You do not need to clear all of them today, but just get started, especially on the ones that are affecting you the most.

Awareness is the first step, take a moment, look at your goal, what comes up for you?

Write your Money Blocks here



Once you’ve written them out, start by clearing them.

Forgive yourself for mistakes in the past, examine them to see if they are even true, release them.

Plan To Earn It

Achievement becomes easier with clarity.

List here ways you can earn money and assign each one a supportive amount target.

Income Stream 1	Income Stream 2	Income Stream 3
Description	Description	Description

Income Goal

Income Goal

Income Goal

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Remember:

You don't need ten offers. You probably don't need five.

Start with what feels doable and aligned with your goals and values.

Plan To Save It

Achievement becomes easier with plans.

List here ways you can save money and how much you would like to save.

You don't need a huge amount to begin.

Savings goal for the year:	Weekly or Monthly Amount:	Why this goal matters to you:

It is safe for you to make money easily.

Track It

When it comes to seeing your progress, it is the best way to motivate and encourage yourself to keep going when times get tough.

This is why you need to track how much you are bringing in.

And the best way to do that is with a savings goal tracker.

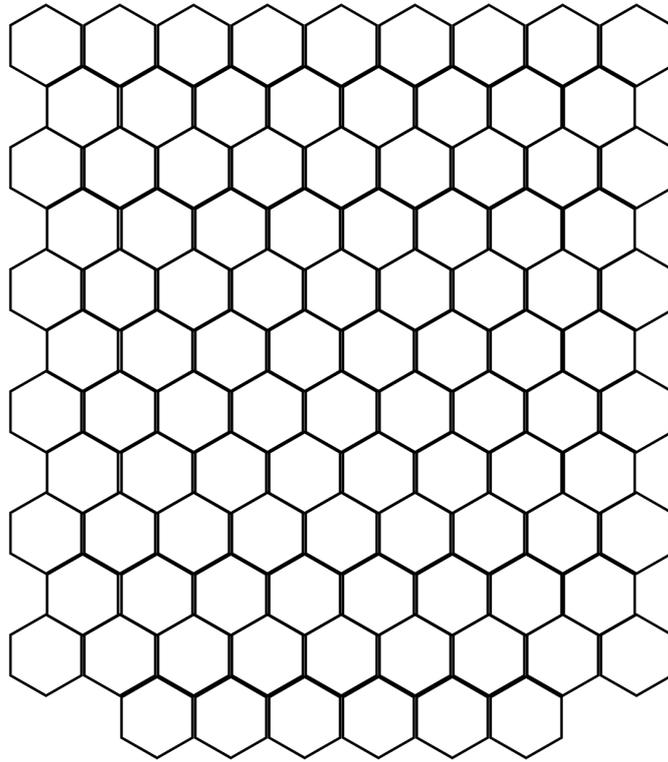
Here is a handy Savings Tracker from my Printable Business.

It has 100 shapes and each one of them represents amounts of your choosing to reach your goal. TIP - Figure out how much you want to save and then divide it by 100, that will tell you how much you need to save to fill up all the shapes. Once you have that amount saved, colour it in and watch your progress grow!

Savings Tracker!

Goal _____ Each Shape Equals _____

Start Date _____ End Date _____



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Affirmation

Congratulations! You have reached the end! You should be set and ready for action!

Now here is your free affirmation, feel free to print it out, cut it out and put it on your wall or vision board every time you need inspiration.



I can make money
Easily

Finance Girl

Who Is Nicola Rattley

Nicola Rattley is a Personal Finance and Money Mindset Mentor for people online who want to manifest money and change the world.

She helps people like you figure out where you want to be, how to design a roadmap to get there and release fear and money blocks.

She has designed a How To Manifest \$10,000 Course that delves deeper into manifesting money, setting goals that work for you, how to overcome all sorts of different obstacles, how to plan to succeed, manifestation techniques and how to take care of yourself while on your manifesting money journey.

She has also helped over 4000 people save money through her business NicolaDigitalDesigns with finance printables that encourage saving certain amounts in specific timelines.

Important Note: The content provided in this workbook is for informational purposes only and should not be construed as financial advice. I am not a licensed financial advisor. The views expressed are personal opinions and experiences and should not be interpreted as professional financial recommendations. Please do your own research or consult with a professional before making any financial decisions.